

HOW TO DO A PRAYER WALK

Thanks for your willingness to accept the 'Prayer Walk' challenge! Our goal over the next few months is to pray for every house on every street in every neighborhood around The Grove :) Make sure that each Sunday you cross off the blocks you have prayed for, so we can track our progress!

WHAT IS PRAYER WALKING?

Prayer walking is exactly what it sounds like: walking and praying. Prayer walking has been described as “praying on site with insight.” When you hear the sounds and see the sights of a particular place, you understand better how to pray for the people in that location.

We *could* pray for our neighbors around The Grove from our homes, but there’s something about physically being in the neighborhood that attunes our hearts and minds to how God may be leading us to pray.

SOME THINGS TO REMEMBER WHILE PRAYER WALKING...

1. **Keep it realistic.** Don't try and 'conquer' anything! We suggest doing one or more 30-minute walks.
2. **Do it together.** You can prayer walk alone, but it's more fun with a couple friends! *We strongly suggest that your prayer-walk group is no more than three or four.*
3. **Shoot a 10-second video before you begin.** Grab a selfie of your group walking the neighborhood. Send your video to us at Media@TheCrossingChurch.org. *Do NOT take video as you pray—just pray!*
4. **Pray as you start.** Before you walk, take a moment to ask the Holy Spirit to lead and guide you.
5. **Make sure you pray!** Agree ahead of time that you will keep conversation to a minimum so you can pray. If it rains, do some drive-by praying!
6. **Pray aloud in a quiet, conversational tone.** Your prayer may prompt another to pray something they hadn't thought of. If you're not comfortable praying out loud, that's OK—God can still hear you :)
7. **As you walk, notice the “little things” and use them as prayer prompts:** bikes on lawns (pray for the children who ride them); “For Sale” signs (pray for families trying to sell their homes and the new families moving in); trampolines (more evidence of kids who need prayer!); gardens (pray for them to grow and bless families); wheelchair ramps (pray for those with disabilities). Little signs are everywhere, take notice.
8. **Be ready.** Although it is not our primary goal to pray with the neighbors we see (don't be a prayer stalker!), if anyone asks what you are doing, be prepared to respond: “We're praying God's blessing on this neighborhood. Is there any special way we can pray for you?”

HOW SHOULD WE PRAY AS WE WALK?

Here are some ideas you can use during your prayer walk...

1. **Pray for those who are far from God, that they will:**
 - a. have hearts receptive to God's whisper (Luke 8:5-15)
 - b. open their eyes to God's presence around them (Matthew 13:15; 2 Corinthians 4:3-4)
 - c. know and experience God's love and life for them (John 10:10)
 - d. be released from barriers and strongholds that hinder faith (2 Timothy 2:25-26)
 - e. experience transformed lives through Jesus' power (Romans 12:1-2)
2. **Pray for Jesus-Followers already in this neighborhood, that they will:**
 - a. be renewed in the joy of God's salvation (Psalm 51:10-13)
 - b. live with Christ-like character and holiness around their neighbors (John 17:11)
 - c. experience the joy of Jesus in their lives (John 17: 13)
 - d. be protected by God from our spiritual enemy (John 17:15)
 - e. be united in mission and purpose (John 17: 20-21)
 - f. see themselves as sent to this neighborhood, joining Christ in His work around them (John 17:24)
3. **Pray Scripture over the neighborhood.** Read through the following, praying various phrases or verses:
Psalm 20 Ephesians 1:15-20 Colossians 1:9-14